

Prospect Local Bar & Kitchen Breakfast

LIGHT & FRESH



V ✨ **Yogurt & Granola 10**

Fresh fruit, house made granola, Indigo Rooftop Honey.

Prospect Breakfast Sandwich 12

(2) Buttermilk biscuits, Gouda cheese, straight from the farm breakfast sausage patty, fried egg.

- Served with fresh fruit or home fries

V **Avocado Toast 10**

Two slices of thick cut wheat toast with fresh avocado.

- With bacon \$12

HOT & HEARTY

Oilman Biscuits & Gravy 12

Another oil field favorite. Two large fluffy buttermilk biscuits smothered in a creamy, fresh, homemade sausage gravy.

- Choice of side includes: home fries or fresh seasonal fruit

LOCAL **Roughneck 15**

Hearty oilman's breakfast featuring two farm fresh eggs (any style); choice of country ham, sausage patty, or bacon; choice of Texas toast, wheat or sourdough bread.

- Choice of side includes: home fries or fresh seasonal fruit

Derrickman Omelet 15

Hearty offering made with three fluffy farm fresh eggs, smoked country ham and local cheeses. Choice of Texas toast, wheat or sourdough bread.

- Ask you server about additional toppings for just \$1.00 each
- Choice of side includes: home fries or fresh seasonal fruit

LOCAL **Breakfast Taco 14**

Two breakfast tacos stuffed full of fluffy farm fresh eggs, local chorizo sausage, siracha aioli and local cheeses. Served with Chef's house made salsa.

- Choice of side includes: home fries or fresh seasonal fruit

Add additional Taco at \$2 per breakfast taco

For gluten free we will turn this into a breakfast bowl

V **Veggie Hash 15**

A healthy alternative to start any day. Locally sourced squash, yams, red potatoes, onion, wild mushrooms, topped with farm fresh poached eggs, local sharp cheddar cheese, sliced avocado and house-made pico. Eggs can be substituted to be cooked any style.

- Served with fresh fruit.

Chicken & Waffles 15

Golden baked home made waffle served sandwich-style with our famous house made-hand battered fried chicken. Topped with local farm fresh crispy bacon and powdered sugar with a side of maple syrup.

- Choice of side includes: home fries or fresh seasonal fruit

FRUITY & SWEET

V **Malted Flapjacks 12**

Two large house made malted flapjacks, maple syrup, with butter.

- Choice of side includes: home fries or fresh seasonal fruit

V **Steel-Cut Oatmeal 12**

Fresh steel cut oats, topped with brown sugar, seasonal fresh fruit, toasted almonds.

V LOCAL **French Toast 14**

Cinnamon French toast, seasonal fruit compote, house made candied pecans, cheesecake cream.

V LOCAL **The Acai Berry Bowl 14**

Acai berry juice, topped with banana, fresh seasonal fruit and berries, chia seeds, pepitas, and toasted almonds.

LOCAL = Local Favorites

✨ = Recipe contains honey provided by
Hotel Indigo Rooftop bee hives.

V = Vegetarian

* Our Friends at the Tulsa Health Department want you to know that consuming raw or undercooked food increases your risk of food borne illness

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A LA CARTE

- Thick Sliced Bacon (2) 5
- Yogurt 5
- Farm Fresh Sausage Patties (2) 5
- Side of Toast (2) 5
- Fresh Seasonal Fruit 5
- Two Farm Fresh Eggs, Any Style 5
- Waffle 5
- Smoked Country Ham 5
- Home Fries 5
- Small Flapjack 5

BEVERAGES

Locally Roasted Coffee 3

Keagan's Coffee

Sri Lanka Iced Tea 3

Coke Products 3

Coke, Diet Coke, Dr. Pepper, Diet Dr.
Pepper, Sprite

Fruit Juices 4

Apple, Orange, Grapefruit, Pineapple, Cranberry, Tomato

Hot Tea 3

Ask server about our various seasonal tea offerings

Our Neighborhood Story

Our location on the site of a former train depot on Santa Fe Square puts you at the crossroads of the city's downtown cultural and dining scene.

The Blue Dome District takes its name from the old Gulf Oil station and reflects Tulsa's place in the early 20th century as the "Oil Capital of the World".

Today a series of industry buildings dating from that era have been transformed into a happening neighborhood filled with restaurants, bars, music, clubs and boutiques.

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Prospect Local Bar & Kitchen Lunch & Dinner

TASTY BEGINNINGS

Chicken Wings 14

Prospect's homemade recipe fried chicken wings served with sweet & spicy sauce or Buffalo garlic sauce.

Prospect Tater Skins 12

Crispy russet potato skins with savory pulled pork, local cheddar cheese and sour cream.

Pretzel Bites 10

Warm, soft pretzel bites. Served with Beer Cheese.

Hummus with Grilled Soft Pita 12

Roasted garlic hummus with pita, veggies.

Oklahoma Driller Charcuterie Board 16

Local meats and cheeses, Indigo Rooftop Honey, pickled vegetables, and local jams.

Santa Fe Quesadillas 13

Santa Fe style marinated chicken breast, served with heirloom baby tomato pico, house-blended Pepper Jack cheese, sour cream and salsa.

Substitute steak for 15 or local chorizo for 14.

Served on a locally sourced tortilla.

Shrimp & Crab Cakes 16

Two shrimp & crab cakes on a bed of Baja coleslaw and our house Remoulade sauce.

FRESH FROM THE GARDEN

Cask Cobb 10

Farm fresh locally sourced mixed greens, bourbon candied bacon, cherry tomato, hard boiled egg, green onions, sliced avocado. Served with a creamy herb dressing.

• Add Chicken for \$5.00, Add Gulf Shrimp for \$6.00

Caesar 10

Fresh crisp romaine lettuce, aged Parmesan cheese, house made croutons.

Served with a creamy Caesar dressing.

• Add Chicken for \$5.00, Add Gulf Shrimp for \$6.00

House Blue 10

Farm fresh locally sourced fresh mixed greens, gorgonzola roasted red bell peppers, tobacco onions, charred corn off the cobb. Served with a house made honey vinaigrette dressing.

EAT WITH YOUR HANDS

Portabella Sandwich 12

Herb-marinated portabella, farm fresh locally sourced mixed greens, Gouda cheese, tomato, and roasted garlic aioli.

Oilman Club 14

Slow roasted turkey, crispy thick-cut bacon, farm fresh locally sourced mixed greens, tomato, red onions and roasted garlic aioli on toasted sourdough.

Pulled Pork Sandwich 14

Savory smoked pork cooked to perfection and topped with pickles served on a brioche bun.

• Head Country BBQ sauce served on side.

Beef Torta Sandwich 14

House marinated skirt steak with farm fresh lettuce, pico, avocado, cheddar cheese and Siracha aioli on pita bread.

Fried Chicken Sandwich 14

Buttermilk chicken breast, hand battered and fried to perfection and served on a toasted brioche bun with farm fresh locally sourced mixed greens, dill pickle, topped with a smoky mayo.

• Make it a spicy chicken sandwich at no additional charge.

Spicy seasoning added to batter and the sandwich is topped with Siracha aioli.

Let your server know.

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BLUE DOME STAPLES

LOCAL Whistle Burger 13

Creekstone Black Angus beef, thick-sliced bacon, sharp cheddar cheese, romaine lettuce, tomato, onion, topped with smoky mayo on toasted brioche bun with rosemary fries.

- Black bean burger option available

LOCAL Grilled Ribeye 34

(Dinner only item)

Mouth watering 12 ounce Oklahoma Angus steak grilled to perfection.

Served with smoked gouda mashed potatoes and chef's seasonal vegetables.

LOCAL Fried Catfish 17

Cornmeal battered catfish fillets served with house pickled vegetables and house remoulade.

LOCAL Tulse "Old Town" Meatloaf 15

(Dinner only item)

Sourdough topped with molasses-glazed ground pork and chuck meatloaf, gouda mashed potatoes, whiskey gravy, fresh green beans and tobacco onions.

Loaded Quinoa Tacos 12

Two corn tortillas filled with hot and savory quinoa, pico de gallo, Baja slaw, and avocado.

Served with rosemary fries

SIDES

Rosemary French Fries 5

Smoked Gouda Mashed Potatoes 5

(Dinner only item)

Loaded Potato Hash 5

House Made Pickled Vegetables 5

Creamy Coleslaw 5

Farm Fresh Side Salad 5

Your choice of a Caesar or Garden

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